

# Contents

<i>Preface</i>	vii
<i>Abbreviations</i>	xiii
<b>1. Introduction to Kashmir Śaivism</b>	1
General Introduction	2
Background	2
Literature	3
Āgamaśāstra	4
Spandaśāstra	4
Pratyabhijñāśāstra	4
What is Śāstra?	5
Metaphysics	8
Parama Śiva (Absolute/Ultimate)	11
Prakāśa–Vimarśa Form of Parama Śiva	12
Śiva and Śakti Tattvas	14
Śakti as the Principle of Universal Manifestation	16
Sadāśiva, Īśvara and Śuddha-Vidyā Tattvas	18
The Binding Constituents	20
The Three Malas	20
The Pañcakañcukas of Māyā	21
Kalā	21
Vidyā	23
Rāga	24
Niyati	24
Kāla	25
The Theory of Reflection	26
The Characteristics of Pratibimba	27
The Theory of Limitation	28

Removal of Anutva: The Dissolution	31
The Manifestation as a Play of Pure Consciousness (Śiva's Krīḍā)	34
Bondage and Liberation	35
The Four Upāyas	38
<b>2. Precognitive Dreams</b>	<b>43</b>
How to Define a Dream?	45
The Concept of Relative Validity	45
The Concept of Real Validity	46
Dream: An Introduction	47
Precognition	51
Extra Sensory Perceptions	51
Precognition in Dreams	55
Characteristics of Precognitive Dreams	58
Types of Precognitive Dreams	59
Symbolic Precognitive Dream	59
Literal Precognitive Dream	60
Third-Person Precognitive Dream	60
Lucid Precognitive Dream	60
Evidence	60
Vaidika Discourse	60
Precognition in Dreams: Literature Review (Sanskrit Literature)	67
Agni Purāṇa	67
Bhaviṣya Purāṇa	68
Svapnavāsavadattam	69
Rāmāyaṇa	69
Precognition in Dreams: Dārśanika Vivecana	69
Discourse in Bhāratīya Darśanaśāstra	69
Discourse in Bauddha Darśana	70
Discourse in Vedānta Darśana	71
Discourse in Yoga Darśana	72
Discourse in Śaiva Darśana	73
Historical Literary Source of Babylonia	74

Global Evidences	74
Description of Famous Precognitive Dreams	75
<b>3. Dārśanika Discourse on Precognitive Dreams</b>	<b>81</b>
Stages of Consciousness	83
Primary Stages of Consciousness	83
Jāgratāvasthā	86
Abuddha	91
Buddha	92
Prabuddha	92
Suprabuddha	92
Svapnāvasthā	93
Vikalpa	94
Gatāgatam	100
Suvikṣiptam (Precognitive Dreams)	100
Saṅgatam	101
Susamāhitam	101
Suṣuptyāvasthā	102
Uditam	104
Vipulam	104
Śāntam	105
Suprasannam	105
Turīyāvasthā	105
Turīyatītāvasthā	117
The Concept of Sapta-pañcaka	119
<b>4. Dārśanika Physiology of Precognitive Dreams</b>	<b>125</b>
Cognition: A Brief Dārśanika Discourse of Other Systems (Nyāya, Sāṃkhya, Mīmāṃsā and Vedānta)	125
The Cognition: In the Light of Kashmir Śaiva Darśana	132
Nature of Knowledge	132
Determinate and Indeterminate Knowledge	133
Pramāṇa	133
Triad of Powers	135

Ābhāsavāda	137
Relations	138
Prameya	139
Pramātā	140
<i>Precognition in Dreams</i>	141
<i>Seven Types of Precognitive Dreams</i>	142
The First Category	142
The Second Category	145
The Third Category	145
The Fourth Category	146
The Fifth Category	147
The Sixth Category	147
The Seventh Category	148
<i>Precognition Dreams as a Cognitive Process</i>	148
<i>The Triad: Cognizer, Object and Means of Cognition</i>	149
<i>Types of Knowledge: Valid and Invalid</i>	150
<i>The Third Category of Knowledge: Valid Indicative Knowledge</i>	151
<i>The Concept of Time and Space</i>	152
<i>Kālādhvā</i>	152
<i>Deśādhvā</i>	157
Pura in Vidyā-tattva	166
Pura in Kalā-tattva	166
Pura in Niyati-tattva	166
Pura in Kāla-tattva	166
Pura in Māyā-tattva	166
<i>Conclusion</i>	171
<i>Appendix: Important Facts</i>	177
<i>Glossary</i>	181
<i>Bibliography</i>	219
<i>Index</i>	223